



Life  
Without  
Regrets

## Believe It Or Not It's True

Presented by Lynn and Melanie Robinson

**Are you motivated and committed to creating the kind of life you say you want? What beliefs do you hold about yourself and what's possible, that stop you from achieving the life of your dreams?**

**Find out the difference between people who achieve their dreams and those who don't.**

Our beliefs are one of the most unconscious filters we have. The only thing between you and your goals are your beliefs.

Beliefs are thoughts we have about other people, the world, and ourselves, which fuel our actions. We act as if they're true, but the truth is, we make them up.

### **Join Us and Learn:**

- How to identify your limiting beliefs
- How to align your beliefs with your goals
- How to change beliefs that limit you
- How your beliefs were formed
- How to assess your beliefs using your head, heart and gut
- Why affirmations don't work

Discover how your beliefs relate to your **level of confidence**, your **self-esteem** and your ability to **connect** with others. If you find yourself feeling like a fraud and want to align how you feel inside with how you appear outside, your **beliefs may hold the key**.

### **Meet Your Presenters:**

Melanie and Lynn Robinson are a mother daughter team who have been working together for over 10 years helping people master their mindset and create a successful life.



Lynn is a Certified Master Trainer of Neuro Linguistic Programming (NLP). Melanie is a Certified Master Practitioner of NLP.

Together they coach their clients to achieve a Life Without Regrets".

### **Just Imagine.....A Life Without Regrets**

Call 778-294-0447  
[www.LifeWithoutRegrets.ca](http://www.LifeWithoutRegrets.ca)